

Date: June 25, 2021

Time: 8:00a-5:30p

Location: IN PERSON  
HM Levitz Memorial Park  
(The Lodge)  
28 Park Drive  
Grantville, PA 17028

Maximum Participants: 10

Credits: 8 CMTE

Cost: \$150

To register for this event, visit:

[https://forms.gle/](https://forms.gle/fSWouTKRbievEkUZ7)

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Upon receipt of your registration, you will receive a request for payment.

If you must cancel your reservation, a 50% refund will be provided if cancellation is received on or before April 16, 2021. There will be no refund if cancellation occurs on or after April 17th.

COVID mitigation efforts will be in place and are described in the registration form.

### Summary of Schedule

(detailed schedule on reverse)

8:00a-8:30 Registration

8:30-12:10 Instruction

12:10-1:00 Lunch (bring your own bagged lunch)

1:00-5:00 Instruction

5:00-5:30 Evaluation

### Hosted By

WBMT Retreats, a division of WB Music Therapy, is an approved and preferred CMTE provider for CBMT.

Melanie A. Walborn  
Continuing Education Director  
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# WBMT Retreats

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## Creating and Using Chants

### DESCRIPTION:

An introduction to using chants for yourself and with clients will be offered. The group will experience chanting together as well as writing a group chant. Participants will have the opportunity to write 2 chants - an Affirmation Chant for themselves and a chant usable in their music therapy practice. Time will be devoted to creating visual reminders for the chants. Experiencing the created chants will close the day.

### FACILITATOR AND INSTRUCTOR:

Gretchen Patti, MS, FAMI, MT-BC will lead participants in this intimate and thought provoking event. Gretchen holds a B.S. in Music Therapy from Elizabethtown College and is a board certified music therapist. She received her M.S. in Healthcare Administration with a concentration in Psychology from St. Joseph's University in Philadelphia, PA. Gretchen is a Fellow in the Association for Music and Imagery. Gretchen has over 30 years of experience serving individuals and groups with intellectual disabilities, trauma, substance abuse issues, and adults with dementia diagnoses. She has been facilitating self-awareness retreats for over 20 years. Gretchen currently maintains a private practice in the Bonny Method of Guided Imagery and Music and provides individual and group music therapy. Gretchen's passion is using music to help others to achieve their goals and dreams for their life.

### OBJECTIVES:

1. Gain a basic understanding of the use of chants for professional and personal use.
2. Write and share with the group, an affirmation chant and affirmation card for self. Receive affirmation from the group.
3. Set a reasonable goal for using your affirmation chant in the next 6 months.
4. Write and share with the group a chant that could be used in your music therapy work. Receive feedback from the group.

**PREREQUISITES:** There are no prerequisites for this CMTE learning opportunity.

Creating and Using Chants is approved by the Certification Board for Music Therapists (CBMT) for 8 credits. WBMT Retreats, #P-202 maintains responsibility for program quality and adherence to CBMT policies and criteria.

## Detailed Schedule

8:00 - Registration

8:30a-9:20 - Introductions, Orientation and Group Contract

9:20a-10:10 - An introduction to chants - how to create them, use them in sessions, use them for yourself

10:20-11:10 - Chant singing

11:20-12:10 - Creating a group chant

12:10-1:00 - Lunch

1:00-1:50 - Creating your own chant; creating affirmation cards (to go with your chant and the group chant)

2:00-2:50 - Creating affirmation cards, cont'd

3:00-3:50 - Experiencing our chants - each participant presents their chant to the group.

The group experiences all the chants together.

4:00-5:00 -Experiencing our chants cont'd and Closure

5:00-5:30 - Evaluation

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